

Academic Health Sciences Centre

Regular bus service launched to link partner sites

A new bus service for staff and students links all the organisations involved in the planned Academic Health Sciences Centre (AHSC) which will embrace five schools at King's College London (including the IoP) and three NHS Trusts: King's College Hospital (KCH), South London and Maudsley (SLaM) and Guy's and St Thomas'.

The every-half-hour service started at the beginning of June and runs between Denmark Hill, London Bridge and Westminster, linking the IoP, KCH and some of SLaM's services with Guy's and St Thomas' Hospitals and King's College London campuses, all of whom are involved in a plan to build on existing links and collaborative working to create the AHSC.

The idea of the new shuttle service is to make it easier for staff and students to travel between sites, encouraging better partnerships and more frequent meetings.

All staff and students holding a King's College London, Guy's and St Thomas', KCH or SLaM ID badge can use the free service.

The bus stops are outside Ruskin Wing entrance of King's College Hospital; outside the Florence Nightingale Museum at St Thomas'; and in the lay-by next to the Bloomfield Clinic at Guy's.

The service starts at 8am at KCH and runs from there, on the hour and at half past the hour, until 5.30pm. The second stop is St Thomas' Hospital (a 25 minute journey) and the third stop is Guy's (a 40 minute journey from Denmark Hill). The last bus of the day leaves St Thomas' at 5.55pm, Guy's at 6.10pm, arriving at KCH at 6.30pm.

More information about the bus service and details of the timetable are on the new AHSC website staff pages, www.londonsahsc.org/staff/?page_id=55.

King's College London and the three NHS Trusts have been

laying plans for creating the AHSC for the past year. The organisations are in the process of developing proposals for a formal structure to govern and manage the Centre: they have agreed it will maintain sovereignty of the partners and not involve takeover or merger.

A number of 'workstreams' are taking different aspects of the planning forward. One of them focuses on potential collaborative developments between SLaM and the IoP: Professors Shitij Kapur, Graham Thornicroft and Chris Shaw are members, as is Director of Research Quality Gill Dale. All the workstreams are listed on the AHSC website, www.londonsahsc.org/staff/?page_id=38.

The other King's Schools involved in the AHSC are Medicine, Biomedical and Health Sciences, the Florence Nightingale School of Nursing and Midwifery and the Dental Institute.

New leaflets have been produced to explain the AHSC proposals to staff, students, other organisations and members of the public and are being distributed around all the partner sites. The leaflets list the benefits of 'combining strengths' in an AHSC, a concept popular in the USA. These include: delivering new drugs and treatments faster; undertaking more clinical trials; attracting more research income; reducing bureaucracy; recruiting and retaining the best staff; and providing the best possible care.

Cricket Tournament

A Charity Cricket Tournament with Lashings World XI will raise money for the Psychiatry Research Trust on Sunday 20 July at Dulwich College Cricket Ground. For tickets and more information, call 020 7703 6217 or email l.pease@iop.kcl.ac.uk.

Wellcome grant to develop www.mentalhealthcare.org.uk

A £60,000 Wellcome Trust *Engaging Science Society Award* will enable the development of www.mentalhealthcare.org.uk to better publicise IoP research and help engage carers in the work.

Originally launched by the IoP, South London and Maudsley NHS Foundation Trust and Rethink, the information website for carers is maintained by the recently created Department of Computing and Knowledge Management here at the IoP.

The development project plans to introduce new carer case studies in audio and video format; produce new information for young carers;

set up 'mental health carers in research' panels; encourage debate about topical issues in the field; increase the amount of information about IoP research; and run online surveys and feedback sessions. Plans also include more publicity to promote the website to more people through GPs, community centres, hospitals and service users, and collaborative working with *Moving People*, the new anti-stigma campaign in England (www.movingpeople.org.uk), with which the IoP is involved. For more information about www.mentalhealthcare.org.uk, email contact@mentalhealthcare.org.uk.

Research Centre in Brazil named after Robin Murray

A new centre in the University of São Paulo Medical School and Hospital das Clínicas has been named after the IoP's Professor Robin Murray to mark a 22-year association with researchers there. The Robin Murray Research Support Centre (*Centro de Apoio à Pesquisa Robin Murray*) is housed in a newly refurbished building and is home to more than 200 researchers in the Departamento & Instituto de Psiquiatria at the largest university medical centre in Latin America. Research in the Centre will focus on genetics and brain imaging, as well as epidemiological aspects of mental disorders, and clinical studies testing treatments.

Robin flew to Brazil to be at the opening ceremony on 29 May, and gave a lecture, which was followed by a reception for more than 100 professionals from the Instituto de Psiquiatria and other University departments.

Collaborative working with colleagues in São Paulo and a special link with the IoP first began in 1986 when Robin was invited to evaluate the potential for developing research at the Departamento & Instituto de Psiquiatria.

A programme of British Council sponsored visits – both to London from São Paulo and from Brazil to the IoP – ensued. Over the years, a number of professionals from Brazil have studied at the IoP, and many collaborative research projects have been carried out. Robin became a Visiting Professor at the University of São Paulo in 1995.

'We have greatly benefited from his extensive knowledge and kind leadership over years of scientific collaboration,' said Professor Valentim Gentil in Brazil. 'It is very fitting to name our Centre after this eminent clinician and researcher, who has this particularly important ability to identify, help implement and support critical initiatives in psychiatric research, not only in Britain and Brazil, but also in other parts of the world.'

Chaplain for Denmark Hill

A new Chaplain has been appointed to serve King's College London's Denmark Hill campus, including the IoP. The Rev Patrick Morrow is currently a priest in Lincoln and will work half-time with the College and half-time at St Matthew Church in Lilford Road, off Coldharbour Lane, five minutes walk from the IoP.

Patrick starts his new job in September and there will be a special event to welcome him in early October, once the new term is underway, said Tim Ditchfield, King's College London Chaplain.

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A new course – Alcohol and Drug Use in the Workplace – starts at the IoP in September and is supported by NHS Plus (a network of NHS occupational health departments across England supplying services to non-NHS employers) and the Faculty of Occupational Health Physicians. The taught Graduate Certificate programme is designed for occupational therapists, occupational health professionals, drug workers, people involved in policy formulation in the field, or students keen to make a career in this area. NHS Plus is providing five bursaries of £1,000 to support students on the programme. For more information, visit www.iop.kcl.ac.uk/courses.

The search is on for a new Institute Secretary to replace Laurence Benson, who is leaving mid-September to become Director of Administration and Finance for the Oxford University Library Service after eight years at King's College London, six of them at the IoP. The job is to be advertised shortly: 'We aim to get someone in post as soon as possible,' said Dean Peter McGuffin.

Stuart Bell, Chief Executive of South London and Maudsley NHS Foundation Trust, was named in the Queen's Birthday Honours, announced in June. He was awarded a CBE for services to healthcare.

Mental Health for All – Young and Old is the theme of the 4th International Mental Health Conference, to be held from 26-28 August at King's College London's Franklin-Wilkins Building on the Waterloo campus. Organised by the International Mental Health team at the IoP, the conference will focus on the mental health needs of children, adolescents and older people around the world. For more information, visit www.iop.kcl.ac.uk/events/?id=588.

Staff at the SGDP Centre helped Professor Sir Michael Rutter celebrate 50 years at the IoP and The Maudsley Hospital at a reception in June that also marked the launch of two of his recently published books – the fifth edition of *Rutter's Child and Adolescent Psychiatry* and *Genetic Effects on Environmental Vulnerability to Disease*. 'The party was very well attended by SGDP folk, people who have worked with Mike over the last 50 years and those involved in the books,' said Melissa Sollich, SGDP Centre manager. 'Mike first came to the Maudsley as a doctor when he was 24 years old! He was presented with a large golden cake thanking him for 50 years.'

Learning the media's ropes

Angela Hodges is to spend four weeks working with BBC News 24's roving reporter Nick Higham after successfully applying for one of this year's BA (British Association for the Advancement of Science) Media Fellowships. A Lecturer in the Section of Old Age Psychiatry in Psychological Medicine and Psychiatry, Angela has worked for the IoP for two and a half years: her research focuses on Alzheimer's and other neurodegenerative diseases.

'I hope I will gain insight into the motivation, pressures and processes of communicating research findings to the wider public through the mass media,' she said. 'Learning to write and communicate concisely and to tight deadlines is also an important skill I hope to learn, as is writing in plain English.'

'I'm very excited about this and think it will help me a lot in future, particularly as my area of research is one of interest to the public and the media at the moment.'

The annual BA Media Fellowships provide placements in broadcasting, on a national newspaper or in internet journalism for scientists, social scientists, clinicians and engineers, and aim to give participants a greater awareness and understanding of the media's machinations and priorities.

Enter for two PRT prizes

The end of August is the deadline for submissions for two Psychiatry Research Trust (PRT) prizes.

Any worker associated with the IoP or South London and Maudsley NHS Foundation Trust (at any grade up to and including Senior Lecturer or Consultant) can enter for the *Second Alfred Meyer Prize in Neuropsychiatry*. The biennial award of £1,000 is given for the best essay incorporating substantial original work or a detailed review of recent advances in clinical research or practice in neuropsychiatry.

The *First Peter Fraser Memorial Prize in Child and Adolescent Psychiatry* will be awarded for the best paper published in a refereed scientific journal on a topic concerned with any aspect of child and adolescent psychopathology. This is a biennial award of £500 and submitted papers can have been published up to two years after the award of a Certificate of Clinical Training (CCT) but submitted prior to the completion of a CCT.

Applications for both prizes should be sent electronically by 30 August to l.pease@iop.kcl.ac.uk. Email the same address, or ring Lesley Pease at the PRT on ext 0107 or on 020 7703 6217 for more information. Winners will be announced in the Autumn.

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The British Psychological Society's Division of Clinical Psychology's *May Davidson Award 2008* goes to Dr Daniel Freeman in the Psychology Department. The annual Award is given to a clinical psychologist who has 'made an outstanding contribution to the profession within his or her first 10 years of qualifying.' The focus of Daniel's research is paranoia and he has written two books for the general public on the subject, the second of which will be published this Autumn.

Sir Leszek Borysiewicz, Chief Executive of the Medical Research Council (MRC), visited the IoP in June. King's College London is home to five MRC-funded Centres, two of them based at the IoP: the SGDP Centre and the MRC Centre for Neurodegeneration Research. 'We are delighted that Sir Leszek was able to see some of the work of the IoP, not just that of our two MRC Centres, but also the work from the Biomedical Research Centre during its first year of life, and to hear of our ambitious plans for development in clinical neuroscience,' said Dean Peter McGuffin.

NARSAD 2008 Young Investigator Awards have been made to eight IoP-based scientists to further their research over the next two years. Each Award is worth \$60,000 and they have been given to: Dr Elvira Bramon, Dr Julia Lappin, Dr Kuan-Pin Su, Dr Marinos Kyriakopoulos, Dr Chiara Nosarti, Dr Evangelos Vassos and Dr Lucia Valmaggia (all in Psychological Medicine and Psychiatry) and Dr Jonathan Mill (in the SGDP Centre).

The work of IoP academics has been featured in the June/July series of Radio 4's *All in the Mind*: the half hour programmes in the latest series have included interviews with Dr John Marsden in the Addiction Research Unit, talking about a new trial testing if the promise of vouchers will keep crack cocaine addicts off the drug; with Dr Daniel Freeman in Psychology, talking about paranoia and his research involving a virtual reality underground train journey; and with Dr Neil Greenberg in the King's Centre for Military Health Research, in an item about the value of an hour long debriefing for soldiers returning from the front line.

Paul McCrone, Anita Patel, Sujith Dhanasiri and Martin Knapp from the Centre for the Economics of Mental Health in Health Services and Population Research were among the five authors of *Paying the Price, The Cost of Mental Health Care in England to 2026*, published in May by The King's Fund. The think tank commissioned the report to look at current and projected needs for mental health services and their related costs. *Paying the Price* says the bill for mental health NHS and social care services is expected to grow from £22.5 billion in 2007 to £47 billion over the next two decades, mainly as a result of an increase in dementia and above-inflation rises in health care costs. Visit www.kingsfund.org.uk.

Fashion designs are inspired by ageing process

Professor Simon Lovestone has been involved in a public engagement project which has used the science of ageing to inspire young people to create clothing designs, due to be displayed at a Fashion Show this month, and at an exhibition later this year.

The Wellcome Trust-funded *Design and Gerontology Project* is being led by Hackney-based ActionDog Productions and involves sixth form pupils at two Westminster schools, Pimlico and Quintin Kynaston. They have learned what happens biologically as the body ages, and then used that information to concoct a themed collection of garments. The experiences of older people introduced to the sixth formers by Age Concern and Help the Aged

Setting standards for workspace to reflect job demands

The brief of the IoP's new Space Planning Committee is to decide who is entitled to how much workspace, settle disputes and come up with solutions for housing staff and students when there is no more room within departments' allocated territories. Chaired by Dean Peter McGuffin, the Committee's members have been appointed as individuals, not as representatives of their departments: they are Psychologist Laura Goldstein, Chris Woburn, Business Manager at the SGDP Centre, Professor Colin Drummond in Alcohol Research in Psychological Medicine and Psychiatry, and Institute Secretary Laurence Benson.

Space standards agreed by the Committee are based on status – a professor gets more room than a student, for example – as well as workload, said Sue Colwell, acting as Institute Secretary in Laurence's absence. 'If someone is only in the IoP for a certain number of days a

Batten disease open day

More than 40 visitors came to the annual open day at the Paediatric Storage Disorders Laboratory in the James Black Centre to find out more about work undertaken there to better understand different forms of Batten disease and discover if possible therapies might be effective. The open day, *Where are we now and where are we going?*, was organised with the Batten Disease Family Association. Many of the visitors were parents or relatives of children and young adults with Batten disease: others were healthcare professionals – including occupational therapists, physiotherapists, language therapists and hospice carers – who work with families affected by the disease.

'The highlight of the day for most people was the tour around the labs where we showed them some of the things we do,' said Jon Cooper, Head of the Lab, in the Centre for the Cellular Basis of Behaviour and part of the Department of Neuroscience.

Batten disease, or neuronal ceroid lipofuscinosis, is a collective name for at least 10 different disorders that affect children and young people and for which there are currently no cures. To find out more about the work of the Paediatric Storage Disorders Laboratory, visit www.iop.kcl.ac.uk/departments/?locator=382.

have also influenced the shape, colour and design of the whole collection, created with the help and advice of fashion professionals.

Simon, a Professor of Old Age Psychiatry, was involved in a workshop for participating pupils earlier this year, when he talked about the scientific processes of ageing. In May, he visited Pimlico School to help judge which of the fashion designs created by students there should go into production and be on the catwalk at the end-of-project show at the Africa Centre in Covent Garden on 17 July. 'The designs were creative and imaginative,' he said.

As well as the Fashion Show and exhibition, a website is to be set up as a learning resource for other young people.

year, they won't get their own room or desk, and if they have a desk elsewhere on campus where they spend most of their time, they won't get a second workstation.' The new rules of space also dictate that a part-timer might desk-share.

Most space disputes will be resolved within departments using the new standards, she said. However, when departments run out of allocated room, the Committee can be called upon for a solution – if a glut of new staff is appointed for a particular project, for example. The Space team can also be asked to adjudicate when people disagree about who is entitled to what. 'No space is "owned" by any individual or department,' says the *Principles and Standards of Space Allocation* agreed by the Committee. 'All space is granted to facilitate research and teaching and there is a need to maintain flexibility as research and teaching groups evolve.'

To save and make money...

Wanted: bright ideas to help the IoP generate an extra £500,000 per annum – and save the same amount for the next two years.

Financial forecasts anticipate a loss of £800,000 for this financial year (2008-09) and a deficit of £1.2 million in 2009-10. The idea from the powers-that-be is to devise and implement a financial recovery plan that boosts income and reduces costs.

The financial deficit is due to increased expenditure as well as planned investment that will be needed to recruit high quality candidates to senior academic roles over the coming year as a result of retirements.

Now a number of project groups will be meeting over the summer to consider how best to make both savings and make money to find the extra million a year. Sue Colwell, who is acting as Institute Secretary in Laurence Benson's absence, said the views of staff and students were being actively sought. 'We want to engage everyone in achieving this goal of recovering £1 million annually so anyone with bright ideas or wanting to contribute to the groups can email [Institute Secretary@iop.kcl.ac.uk](mailto:InstituteSecretary@iop.kcl.ac.uk),' she said.

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Dated entry points for IoP MPhil/PhD degrees have been introduced and the deadline for application and receipt of materials falls six weeks before each one. The deadlines for 2008-09 are: 13 August for registration from 1 October; 12 November for registration from 1 January; and 11 February for registration from 1 April. Materials should include the King's College London application form and the IoP Project Approval Form. To find out more, email educationsupport@iop.kcl.ac.uk.

Professor Shitij Kapur and Dr Louise Arseneault were speakers at the Cheltenham Science Festival in June. Shitij, who is Vice-Dean and Head of Schizophrenia, Imaging and Therapeutics in Psychological Medicine and Psychiatry, joined a platform discussing how brain imaging technology has improved understanding of mental illness. Louise, Lecturer in Developmental Psychology, took part in a debate about the biology and psychology of abuse. The annual Festival features some of the biggest 'names' in science, this year including Steven Pinker, Richard Dawkins and Robert Winston.

Look out for an online survey, coming soon to give you a chance to say what you think about the café diner and catering services. 'Please take a moment or two to complete this brief survey,' said Dilip Chakravarti, Site Services Manager. You can check what's on the menu at the café diner every day by visiting www.iop.kcl.ac.uk/departments/?locator=649. Menus are uploaded after 11am.

The Sainsbury Centre for Mental Health – one of the IoP's academic partners – is one of seven national mental health organisations that have created the Future Vision Coalition. The Coalition has produced *A New Vision for Mental Health*, a discussion paper designed to provoke debate on future mental health policy post-2009, when the government's 10 year National Service Framework for Mental Health comes to an end. Visit www.newvisionformentalhealth.org.uk.

Two courses for psychiatrists from Europe organised under the umbrella of the 8th Maudsley Forum will take place from 8-12 September here at the IoP. Led by the Division of Psychological Medicine and Psychiatry, the Core and five-day Advanced courses comprise a series of informal seminars about current research. For more information, visit www.iop.kcl.ac.uk/MaudsleyForum. Later in the month, the team behind the Maudsley Forum move to warmer climes: the 2nd Mediterranean Maudsley Forum offers participants from across the world the chance to learn about recent developments in clinical and academic psychiatry on the sunny island of Sicily. The course runs from 22 to 23 September and is hosted by Palermo University. Visit www.iop.kcl.ac.uk/MediterraneanMaudsleyForum.

Tailored training for Saudis

Nine consultant psychiatrists from Saudi Arabia came to the IoP in June for a training course jointly organised by the Overseas Office and Maudsley International, the new venture launched by the IoP and South London and Maudsley NHS Foundation Trust (SLaM) to promote the expertise and skills of staff around the world. *New Advances in Schizophrenia* was a three-day course of lectures and workshops sponsored by Lilly Pharmaceutical, tailored to the needs of the visiting psychiatrists and delivered by IoP and SLaM experts working in psychiatry, psychology and mental health nursing. It included visits to SLaM specialist services at Bethlem Royal and Lambeth Hospitals.

In addition to teaching and training, Maudsley International is offering consultancy services related to research, clinical practice and policy to help different countries meet the needs of people with mental ill health. New projects to be delivered under the umbrella Maudsley International 'brand' are being developed in partnership with departments across the IoP and SLaM. To find out more, visit www.maudsleyinternational.com.

Edgar Jones is top teacher

Professor Edgar Jones has been given this year's IoP *Award for Excellence in Teaching* after being nominated by students on the *War and Psychiatry* MSc, jointly run by the IoP and the Department of War Studies in the School of Social Science and Public Policy. The Award is one of nine given by King's College London in 2008, one for each of the College's Schools. Students nominated tutors who are motivating, interesting and innovative, give students support and feedback and organise their teaching well. The winners each receive £1,000.

A Professor of the History of Medicine and Psychiatry and Programme Leader for the MSc, Edgar said: 'We attract bright students from diverse backgrounds in terms of both disciplines and cultures. As a result, I probably learn more from the students than they get from me as they approach our topics from different perspectives.'

New Forum for green issues

A Sustainability and Environment Forum is up and running in King's College London, giving anyone interested in green issues the chance to join in discussions, come up with ideas, and help everyone working and studying at the College become more environmentally responsible.

Joining the electronic mailing list of the Forum gives people the chance to contribute ideas and lobby for change. 'The Forum is valuable to help networking between like-minded people in the College and we hope that it will grow, with ideas and proposals for events,' said Brent Cunningham, who is based in the School of Nursing and Midwifery where the Forum was first set up.

To add your name to the Sustainability and Environment Forum mailing list, email brent.cunningham@kcl.ac.uk.