

Maudsley Debate

This house believes that biological research has lived up to its potential in transforming psychiatry is the title of the Maudsley Debate that takes place on Tuesday 25 November at 4pm in the Wolfson Lecture Theatre. The debate has been staged as part of *Translating Advances in Biological Psychiatry into Therapeutics: moving from bench to bedside*, a conference organised by the Division of Psychological Medicine and Psychiatry to honour the memory of the late Professors Rob Kerwin and Lyn Pilowsky.

Calling all teachers...

Are you involved in teaching on a programme at the IoP that culminates in an award? If so, the new Peer Support Scheme is for you.

Anyone who teaches – course tutors, research workers, post doctoral researchers, lecturers, programme leaders and professors – must take part in the new Scheme every two years and take the opportunity to develop their teaching practice with a colleague, confidentially.

The Peer Support Scheme replaces the Peer Review of Teaching and involves far less paperwork, said Learning & Teaching Coordinator Martin Webber. 'This new Scheme is very useful and supportive for the continuing professional development of teachers – it is about the development of good practice, not evaluation.'

The new Scheme kicks off in 2008-09, so all teachers who didn't participate in the Peer Review last year will be the first to benefit from Peer Support.

Teachers can opt either for observation of their practice by a colleague – at a lecture, in small group teaching, at one to one supervision, for example – or for a discussion of their practice. Both the teacher and their peer should complete a Peer Support Record Form to log that the observation or discussion has happened.

For more information and to download copies of the Form, visit www.iop.kcl.ac.uk/departments/?locator=413.

New Institute Secretary

Richard Barnard has been appointed Director of Administration and Institute Secretary and will start his new job on 19 January 2009. Richard is no stranger to the IoP as he was previously a business manager here. He joins from Imperial College.

Christmas Party!

The IoP Christmas Party will be held on Thursday 11 December. At the time of going to press, the venue was still to be confirmed. Put the date in your diary and look out for posters, or email the organisers, Student Forum chairs Sarah Savage and Lorna Taylor, sarah.savage@iop.kcl.ac.uk, lorna.taylor@iop.kcl.ac.uk.

Extra day festive leave

The IoP will now be closed on Friday 2 January 2009. It was originally due to re-open on the Friday after the festive break in line with King's College London agreed Christmas holidays. Now King's have decided to give all staff an extra day's leave and re-open on Monday 5 January. 'This gesture of goodwill is made in recognition of the collective efforts of staff during the course of the year that have resulted in many significant achievements,' said Principal Rick Trainor. The last working day before Christmas is Tuesday 23 December until 4pm.

Gilbert Blane Medal...

Dr Neil Greenberg has been given the Gilbert Blane Medal, awarded by the Royal Colleges of Physicians and Surgeons following nomination by the Royal Naval Medical Services. It is given to Medical Officers of the Royal Navy: Neil, a Senior Lecturer in Military Psychiatry, is also a Consultant Psychiatrist with the Royal Navy. He has been given the Medal for his work in developing and researching TRiM (Trauma Risk Management), a programme of peer support to help with exposure to traumatic stress, which is used by the Royal Marines and Royal Navy. Neil works as the Military Liaison Officer to the King's Centre for Military Health Research (KCMHR), and as Senior Lecturer at the Academic Centre for Defence Mental Health, based within KCMHR.

...and NARSAD Ruane prize

Professor Eric Taylor, Head of the Department of Child and Adolescent Psychiatry, has been given the 2008 Ruane Prize for Outstanding Achievement in Child and Adolescent Psychiatric Research by NARSAD. The USA-based research charity gave the prize for his 'groundbreaking research on conduct disorder and attention deficit hyperactivity disorder that has led to new understanding of these conditions and improved criteria for their diagnosis and treatment.'

Email addresses change to @kcl.ac.uk in December

Everyone at the IoP will get a new email address in December. Thenceforward, addresses will end in @kcl.ac.uk as the College's servers become host to the IoP's email system.

The standard format for the first part of new addresses will be *firstname.surname*, but this may vary if there are other people who share the same name in other College Schools and departments.

The migration will be complete before Christmas, said Charlie Sharp, Institute Information Officer and Head of Computing and Knowledge Management.

The new system allows the old @iop.kcl.ac.uk addresses to continue to operate simultaneously so staff and students will not lose any mail, and those addresses quoted publicly – on previously published academic papers, for example, – will still be valid.

The migration to the College's servers is the end of a process of

redesigning the email system that started in 2006, and one that has involved many technical challenges, said Charlie.

The new system is more up-to-date, has more features, and allows greater integration with the College: the one big difference is that each user will be limited in the number of emails they can store.

A dedicated website has been set up, giving full details of the migration: www.iop.kcl.ac.uk/mailmigration.

● This month (November) will see the start of the introduction of Microsoft Office 2007. The application will be installed centrally and then individual PC users will change over within a rolling programme. 'We will be contacting users when it is time for them to change,' said Charlie. 'Although the look and feel for Word, Excel and Powerpoint is different, most people do find it easy to switch.'

Finding the best way to run the café diner in future

Senior managers are exploring how best to run the café diner. One of the options would be to contract out the catering service, said Director of Finance and joint acting Institute Secretary Stuart Ryland. 'Catering is not our core competence – the IoP does research and teaching, not cooking – and it may be that running the café diner ourselves is not the best way to do it,' he said.

A decision has been taken to move forward to tendering out the small catering operation, he said, to

find out what outside companies could offer. 'It may be that an expert catering company would mean better expertise, economies of scale, leverage on purchasing power and greater opportunities for training and career development for staff working within the café diner,' he said.

'No-one's job is under threat: this is about getting the best deal for staff and students who eat in the café diner, and for the staff who work there.'

What's your vision for The Maudsley Hospital?

Do you have views on the future design and layout of The Maudsley Hospital site, including IoP-occupied buildings? If so, you have the chance to have your say on how the hospital campus could look in coming years by taking part in a consultation being run by South London and Maudsley NHS Foundation Trust (SLaM) in the shape of a 'Design Charrette'.

SLaM is working with New Cross-based consultants Creative Process to stage the Charrette, described as 'a multi-day collaborative planning event that aims to harness the talents and energies of parties and create and support practical design options for an area.' In the case of The Maudsley, those parties include service users, carers, SLaM and IoP staff, local residents, businesses and politicians.

The simplest way to make your views known is to fill in an online questionnaire by 30 November.

Visit www.maudsleyredesign.co.uk to do so. This specially-created website also contains more information about the Charrette process.

Everyone can also contribute by dropping in to an Open Day in the main hospital building on 11 December from 11am to 8pm.

And a representative group of people are being invited to take part in a series of workshops on Saturday 6, Monday 8 and Friday 12 December. If you're interested in getting on the invite list, email heather@creativeprocess.org.uk.

The consultation process covers the whole footprint of The Maudsley campus: many of the buildings currently occupied by IoP teams are leased from SLaM.

The idea is not to come up with a finished design of the space: instead the plan is to get a set of design principles agreed which can govern future development of the site in the short, medium and long term.

Energy-saving heating

State-of-the-art energy-saving boilers are to be installed in the main building – and will be up and running in time to provide heating during the winter months next year.

As well as cutting the IoP's annual carbon footprint by 671 tonnes, the new boilers will save some £135,000 a year in fuel bills.

Heating and hot water is currently provided by steam, generated by three oil-fired boilers. The expensive-to-run boilers are old, and demand high maintenance to keep them working.

The plan is to replace them with gas-fuelled low temperature modular heating boilers, direct-fired hot water boilers and localised steam humidification generators – like kettles which pass steam into air handling units and help control the rate of humidification in an area. These will all be monitored and controlled by an online Building Energy Management System. The scheme will cost £1.25 million.

A longer-term plan is to create an energy centre here, which would generate the majority of electricity needed for all the IoP buildings in Denmark Hill and would form part of a network within the new Academic Health Sciences Centre, said King's College London Energy Manager Keith McIntyre. The move to self-sufficiency would use new, advanced technology to create an energy- and cost-efficient network that neighbouring organisations may also be interested in joining.

How green are you?

Are you interested in helping the IoP improve its environmental credentials? In joining a group where ideas could be discussed and campaigns could be launched for environmentally responsible change? If so, contact Fergus Kane in Psychological Medicine and Psychiatry: he wants to start a sustainability and environment group to lobby on energy-saving and 'green' ideas.

'The sort of ideas such a group could push would be replacing Nestlé Powwow water dispensers with sustainable plumbed-in water supplies; increasing our use of recycled paper; and promoting awareness of energy wastage at the IoP,' he said. 'It would be good to have at least one person from each department as well as people with specific interests such as cycling.' An IoP group could feed into the King's Sustainability and Environment Forum, a network that allows like-minded people in different schools to share ideas, he said. If you're interested, email fergus.kane@iop.kcl.ac.uk.

in brief...

Keen footballers can join a weekly Student Forum indoor men's five-a-side game every Thursday at Brixton Recreation Centre, 20 minutes walk from the IoP. Games are informal and the IoP footballers don't play against other teams in any league. The cost each week is £4 for every player who turns up: the game kicks off at 6pm. If you're interested in joining the squad, email organiser andrew.ternouth@iop.kcl.ac.uk.

Professor Simon Lovestone – and his team in the MRC Centre for Neurodegeneration Research – is working with The Opera Group to develop a new opera to increase public understanding of dementia. It is due to be previewed in March 2009 at the Alzheimer's Research Trust Network conference at the Royal Institution and premiered in London in 2010 before touring the UK. The Opera Group is an associate company at London's Young Vic Theatre: visit www.theoperagroup.co.uk.

King's College London worked with the Family and Parenting Institute and Parenting UK to set up the National Academy for Parenting Practitioners, formally launched a year ago. Now the two charities have withdrawn as members of the Academy, a separately constituted charitable company, limited by guarantee and governed by a board of trustees. They include the IoP's Professor Eric Taylor and Laurence Benson, former Institute Secretary. Professor Stephen Scott continues as Director of Research. The Academy offers free training and support to people who work with parents in England. Visit www.parentingacademy.org.

Local residents got together in the Wolfson Lecture Theatre earlier this month to discuss *How we can cut knife crime in Camberwell?* The evening meeting was organised by the SE5 Forum, a community organisation set up by local people for everyone who lives or works in Camberwell. The event brought together representatives from local and national organisations working to tackle knife crime and encourage people away from anti-social behaviour. Visit www.se5forum.org.

Professors Martin Prince and Graham Thornicroft from Health Service and Population Research are involved in a new *Movement for Global Mental Health*, launched on World Mental Health Day in October. The Movement will campaign for better treatments and care for people with mental illness across the world and has evolved from the *Lancet Series on Global Mental Health*, published in 2007. This series of articles provided evidence for the need to invest in services and research. Visit www.globalmentalhealth.org.

King's College London rose to 22nd position in the Times Higher Education-QS World University Rankings, published in October. Nationally, King's was ranked in fifth position, up one place from last year. For the full rankings, visit www.topuniversities.com.

Competitions help turn research into business plans

PhD students, postdoc researchers and Masters students could pocket £5,000 if they come up with a winning business idea and enter King's College London's 2008-09 Business Plan Competition. Now in its second year, the competition is a joint venture between King's College London Business and King's Graduate School.

The business idea can be real or hypothetical and can centre on a product, a service, a social enterprise, technology, or health and lifestyle, for example. The competition programme includes business training and support from business mentors to help develop the idea. For more information, visit www.kcl.ac.uk/business/bussplan or email harriet.robinson@kcl.ac.uk, or call Harriet on 020 7848 3196.

● Tamara Russell in Psychological Medicine and Psychiatry got through to the final stages of the Research Councils UK Business Plan Competition this year with her idea for a 'Mind-Body MOT', a web-delivered mental and physical

health promotion package aimed at desk-bound, stressed employees.

Tamara went on a two-day training event – 'a very intense MBA-style experience, covering everything from patents and intellectual property to how to understand your market sector and unique selling point, and how to market your product,' she said. The event allowed her to develop her initial idea into a more detailed business plan, and this got her through to the next round, with the opportunity to learn about financial forecasts in order to finalise the plan, with the help of a coach.

Tamara didn't make it to the final three but said the whole experience had been 'a very useful step outside the "ivory tower" and into the commercial world.' The competition is open to people who work within the remit of the seven UK Research Councils: plans for next year's competition will be announced in Spring 2009. To find out more, visit www.rcuk.ac.uk.

New Health and Society Research Centre to be launched

Professor George Szmulik is to be Co-Director of a new Health and Society Research Centre to be created in 2009 which will help groups of researchers based within different King's Schools work together on health-related issues that have a strong social relevance.

The Centre has grown from a successful cross-King's Health and Society Network organised by George that has already led to collaborative projects, bringing together psychiatrists, lawyers, philosophers, social scientists

and computer experts, for example.

The Centre will give administrative support to encourage interdisciplinary research about health and health-related topics, allowing researchers with different backgrounds and expertise to team up and create new ways of studying issues that have strong social relevance. Professor Brian Salter in the School of Social Science and Public Policy will be the other Co-Director. Visit www.kcl.ac.uk/research/groups/healthsoc/index.html.

Help us to help you...

A cry de coeur from the Psychiatry Research Trust by Leslie Paine, Trust Director

The Psychiatry Research Trust was 25 years old in 2007. It is the Institute's own charity, exists solely to support its research and, so far, has raised over £12 million to this end. At any one time, 30-40 Institute staff are doing work funded by it.

You might think, therefore, that the Institute would know all about it, and perhaps even be a bit proud of us. But I don't think it necessarily does or is. These days, for example, we are lucky if we even get a one line mention in its regular Research Reports. Which is why, despite the advice of Dr Samuel Johnson (a one-time alumnus of my old college) that no-one but a blockhead writes but for money, I'm doing this for free. We could do with the publicity. And when no-one else is blowing your trumpet, what option do you have but to do it for yourself? So just as a reminder, here are a few notes on how we came to be and what we've been doing at the Institute for the last quarter of a century.

It all began in 1979 when our founding father, Richard Rodnight, then Professor of Neurochemistry at the Institute and Chairman of its Academic Board, first mooted the proposal that an Appeal for Research Funds should be launched similar to the successful

Brain Trust recently set up at the Institute of Neurology. Since, at the time, the Institute was suffering, along with many universities, severe financial stress and shortage of government funds, the Professor's idea was enthusiastically received. He, along with eight colleagues, then carried it forward until they gained the agreement to the proposal of the Institute's Committee of Management. As a result, in 1982, the Psychiatry Research Trust came into legal being and launched its Appeal.

All sorts of well-known people helped, from the Gabrieli Quartet, Dr Jonathan Miller and HRH Princess Alexandra to, later, Moira Shearer and Ludovic Kennedy. Spirits and hopes were high. But progress was less impressive. The first target of £50,000 (largely provided by old alumni) was not reached until 1985. The second – an Appeal to the public at large of £2 million took a further ten years. Remember, however, we are a tiny organisation and in those early days were even smaller. The Dean's secretary gave us a few hours a week and I, as Director from 1986, was voluntary, unpaid, and very part-time. Not until we got an office of our own and, in 1991, a full-time administrator did we start to prosper.

Down the years, Institute staff have supported the Trust in many ways – through personal donations, plays, revues, concerts, quizzes, raffles and sponsored athletic events.

Sadly, however, as is clear from a history of the Trust that I wrote recently to celebrate its first 25 years, this type

Joining the Orchestra

The café diner is to be one of two dozen recording sites across the UK set up by The Fragmented Orchestra. The sound recorded here will be streamed back to one of 24 speakers based in the Foundation for Art and Creative Technology (FACT) in Liverpool and will join the sound transmitted from the other participating sites – including a cattle market, a football club and a seafront – to create 'an ever-changing composition' that can be heard by visitors to the FACT gallery and on the Fragmented Orchestra website, www.thefragmentedorchestra.com.

The project was named winner of the New Music Award made by the PRS Foundation for New Music earlier this year. It will go 'live' on 12 December and continue until 22 February 2009 as part of Liverpool's European Capital of Culture programme. The team behind The Fragmented Orchestra are artist Jane Grant, composer, musician and physicist John Matthias and BAFTA winning composer and sound designer Nick Ryan.

The project aims to mirror the way a brain works: the recording instruments are designed as artificial 'neurons' that will be connected to form a 'tiny networked cortex'. As well as the contribution of the stream of noise from the café diner, the IoP has been asked to submit a piece of sound representative of the site: this is likely to be a recording of a Maudsley Debate, said Antonella Surdi from the Communications and Public Engagement team here. The IoP is joining the Fragmented Orchestra as part of the *Music and the Mind* series.

of staff support has been steadily waning for some time now. No large fundraising entertainment has been organised for several years. Recent special Christmas sales have been very poorly attended. Our regular book sales have had to be suspended for lack of support. And a special Cricket Match at Dulwich College in July, with a team of internationally renowned cricketers, sponsored by the Trust and supported by the Royal College of Psychiatrists, was virtually ignored by Institute staff. We lost a small but steady source of income when we had to remove our second-hand book table from the foyer.

This trend is particularly unfortunate since we are just about to launch a special Appeal for General Funds. These are lower than they have been for years and, since they are used to meet requests for student support and smaller research projects, the situation causes us considerable concern. We are trying to raise £500,000 over the next twelve months and we need all the help we can get. Although we are small, we punch well above our financial weight. Please give us a hand and we'll punch all the harder.

And, by the way, if you would like a copy of the history I mentioned earlier, you can get one from the Trust office (moved for the time being from the main entrance to a room at the rear of the first floor on a temporary basis) for a small donation towards printing costs. I won't pretend it's Simon Schama. But a couple of pages on retiring will guarantee you a good night's rest. ● Contact the PRT on 020 7703 6217.

in brief...

Professor Rachel Jenkins was part of the team responsible for producing the Foresight Mental Capacity and Wellbeing Project's final report: *Making the most of ourselves in the 21st century*. Foresight is the UK government's futures think tank and is based in the Government Office for Science: the aim of its programme is to inform long-term strategic policy-making. Rachel, a Professor of Epidemiology and International Mental Health Policy in Health Service and Population Research, and Director of the WHO Collaborating Centre for Research and Training based there, was a member of the Project's Science Coordination Team and led the research and recommendations on mental health and mental ill health. Visit www.foresight.gov.uk.

Awards of up to £15,000 are available from King's Business to develop the early stages of a research project so it is better able to attract funding, investment, collaborators or opportunities for commercialisation. For more information about the Innovation Development Fund, visit www.kcl.ac.uk/business/fund.

A scheme introduced earlier this year allows international students who have obtained a postgraduate qualification to stay in the UK to work for up to two years when they have finished their studies. Students can only apply for a *Tier 1 (Post Study Work)* visa when they have been awarded their results in writing. Contact Student Support Officer Becky Cooper on ext 0237, Rebecca.Cooper@iop.kcl.ac.uk.

Time to Change is the new identity of the biggest ever campaign in England to change stigmatising and discriminatory attitudes towards mental ill health. A national social marketing campaign bearing the *Time to Change* brand will launch in January and include press, radio, TV and outdoor adverts. Health Service and Population Research is evaluating the success of the project, previously called *Moving People*. www.time-to-change.org.uk.

Shakespeare Dreams: Death & Desire is the title of an exhibition on display at the James Black Centre until the end of January by King's School of Humanities Leverhulme artist-in-residence Elpida Georgiou. It consists of 12 large-scale oil works based on 'key psychological moments in the plays of Shakespeare'.

The *Fourth International Stigma Conference* is organised jointly by Health Service and Population Research at the IoP and the World Psychiatric Association Scientific Section on Stigma and Mental Illness. The conference takes place at the Royal College of Physicians building in Regent's Park, central London, from Wednesday 21 to Friday 23 January 2009. Visit <http://stigma.iop.kcl.ac.uk>.

Professor Sir Michael Rutter is due to receive an Honorary Degree (Doctor of Science (Medicine)) from the University of London at its Foundation Day in December.